

CARE HOME NOVA SANTA ANA MAGAZINE

APRIL 2011

OUTDOOR GYMNASTICS

There is an extra activity which takes place in the terrace of our care home every Friday. It's a gymnastics workshop for elderly which consists in different physical exercises like warming up and stretching. We work with balloons, balls, hoops, etc.. The main objective of this activity is to improve physical condition of all our residents. This workshop is coordinated by our physiotherapist Genaro.



On the left: Mrs Josefa Navarro Abellán doing an exercise with hoops. On the right: Genaro, physiotherapist of our care home, explaining different types of exercises.



RESIDENTS' ASSEMBLY

On 6th April we celebrated our first General Assembly during which we have chosen representatives of our residents who form The Participation Organ of our care home Nova Santa Ana. The chosen representatives were: Mrs M^a Luisa Lorca Fernández, Mrs Concepción Rodríguez Martínez and Mr Julio Martínez Miras.

Mrs Juana Rocamora Lillo, director of our care home, making notes about the assembly.

OUR DOORS OPENED FOR PUBLIC

During the morning of 26th March our care home Nova Santa Ana opened its doors for public for the first time thanks to a proposal made by the Department of Social Policy of Woman and Immigration.

All the residents accompanied by their families, director of IMAS Mrs M^a Isabel Sola Ruiz and



counselor of the Social Attention Mr Antonio Calderón Rodríguez enjoyed a wonderful performance of lyrical tenor Mr Diego Pedro Plaza and pianist and composer Mr Antonio Galindo.

Mr Diego Pedro during the recital in our care home Nova Santa Ana.

DANCE PERFORMANCE

The artistic couple formed by the dance teachers from the Care home Los Belones entertained us with a classical dance performance organized in our Day center on 16th April. Our residents Mrs Josefa Navarro Abellán y Mrs M^a Luisa Lorca Fernández gave as a gift a bunch of flowers to the dancers.



On the right: our residents giving flowers to the dancers.

Performance of Mr Agustín and his wife in our Day center.



CHOIR SANTA ANA

During the afternoon on 7th April the choir of the village of Santa Ana sang for us a huge variety of popular songs accompanied by the sound of Spanish guitars. They were rewarded by the audience which consisted of our residents and their families in form of an applause.

On the left: choir of Santa Ana accompanied by our residents.

AFTERNOON FULL OF GAMES

On Fridays, as a part of our programme, our family games take place. During these games our residents have an exclusive opportunity to have fun and win different prizes. The responsible for singing the numbers is our resident Maria Peñas Conesa. This activity, apart from being entertaining, helps our residents to socialize, train their memory, visual perception and manual coordination.



On the left: Mrs Concepción Rodríguez Martínez, and on the right Mrs. Josefa Fernández Bejar, winners of the first and the second prize.